

SEED-SINDHI ECO CLUB OF ENGLISH DEPARTMENT-ACTIVITIES

Dr. GREEN: GREEN JUICE DAY



Green juice day was organized by the Eco-club of the Department of English on 26th January 2019. The Eco-club co-ordinators Mrs.G.Tamilselvi and Mrs.S.Subhapriya prepared Amla juice, Bittergourd and Neem juice, Mint and lemon juice and Bermuda grass juice. The juices were served to the Management members, Principal, Faculty and students after the Republic Day Celebrations. The purpose of this program was to create awareness on healthy living. These green juices boost the immune system, lowers cholesterol level, maintains body weight, detoxifies the liver and refreshes the body.